



Sports and Team Games

learnlink™

About the activity

Your pupils use tactics, develop technique and improve interpersonal communication by playing traditional ball games such as uni-hoc, basketball, 5-a-side football, volleyball and lacrosse. Our sports and team games offer some fantastic teambuilding opportunities.

Activity aims

The aim of this activity is to:

- Introduce new fun and exciting games that are not associated with performance sport.
- Allow each participant to experience physical participation.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Include alternative scoring methodology
- Take part in recording of scores, timekeeping and refereeing.
- Have attempted to use different strategies to improve their game.
- Take the initiative in evaluating their performance and that of the group.
- Be able to assess risks and understand how these may be controlled.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood the rules of the game and why they need to be followed.
- An understanding of associated hazards.
- Effectively worked in small teams supporting their peers throughout the activity and recognising their achievements.
- Contributed to a post activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety e.g. rules, warm up, risk assessment, safety area.

Words relevant to equipment e.g. ball, Frisbee, bat, post, goal.

Words relevant to the activity e.g. defending, batting, scoring, keeping score, passing, possession, shooting, throwing, timing.

Words relevant to teamwork e.g. achievement, communication, encouragement, listening, participation, review, support, trust, tactics.